The new Flandreau Santee Sioux Tribal Clinic hosted a Tribal Health Day last Wednesday, Oct. 6. Organizers said it was a well-attended and successful event.

A steady stream of curious first-time visitors filed into the Tribal Health Center this past week alongside those that regularly seek care at the facility. It was the return of what had been an annual event in the past — Tribal Health Day. The event was cancelled in 2020 due to the COVID-19 pandemic. It was the first time, however, that the event had been held at the new Tribal Health Clinic.

Organizers were hoping that it would be a nice draw. It worked.

“We’ve seen that more patients come in every year, a bigger population coming in for the event. We hope that it gives them more information about their own health, they learn from it and learn to take better care of themselves,” said Kaelob Storms, community health educator for the clinic.
In preparation of this newsletter, every effort has been made to offer the most current, correct, and clearly expressed information possible. Nevertheless, inadvertent errors in information may occur. In particular but without limiting anything here, the Flandreau Santee Sioux Tribe (FSST) and its employees disclaim any responsibility for typographical errors and accuracy of the information that may be contained in the Flandreau Santee Sioux Tribe’s Newsletter. The FSST also reserves the right to make changes at any time without notice.

The information in this newsletter has been compiled by the FSST Newsletter staff from a variety of sources, and are subject to change without notice. The FSST makes no warranties or representations whatsoever regarding the quality, content, completeness, or adequacy of such information and data. In any situation where the official printed publications of the FSST differ from the text contained in this newsletter, the official printed documents take precedence.

If inaccurate or otherwise inappropriate information is brought to our attention, a reasonable effort will be made to print a correction in the next month newsletter. We reserve the right to omit submissions if it is felt that the content or subject matter is inappropriate.

NEWSLETTER SUBMISSION
GUIDELINES:

All information submitted for newsletter must be received 5 (five) working days before the 15th of each month. We cannot guarantee inclusion of any submissions after that date in that month’s newsletter. Submissions must be made in typewritten (or computer generated) format. They can be submitted directly to Marcie Walker in hardcopy, on disk or via email at:
marcie.walker@fsst.org

The FSST reserves the right to edit submission for content and clarity when appropriate. Additionally, submissions not of a time sensitive nature may be delayed for next month newsletter.

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Chronic illness remains among one of the biggest health concerns for the Native population, diabetes and heart disease specifically. Staff at the clinic along with tribal leaders say they want to help change that fact for families now and for future generations.

Information about a diabetes clinic was one of the first booths at the Health Fair to greet guests. Beverly Wakeman, the tribe’s oldest living member, said it was encouraging to see.

Jackie Allen, a 21-year-old tribal member, echoed Wakeman’s thoughts. “I didn’t know that they had a diabetes and a prediabetic program,” said Allen. “Younger generations — they don’t really know the signs and what to watch out for. I know our diets aren’t exactly the best, so being able to know from a young age that a balanced diet is important, seeing these food plates with labels, and knowing what we should be eating, that is really helpful.”

Also available at this year’s health fair was information on dental and eye care services, billing assistance, mental health resources, yoga, news of the new fitness center being planned (see attached article), the Wholeness Center, Moody County Cares, home health options and more. County Health Nurse Leanne Amdahl was also present with information on the availability of heart health screenings through Avera.

Planet Heart is a program offered through Avera Heart Hospital and is open to anyone 40 and older as well as those that may otherwise be referred for a screening by a physician. For $75, you can get your heart checked through a Calcium Score CT, a blood pressure and BMI screening, a blood sugar and cholesterol screening along with a vascular check of your carotid artery, and more. Call (605) 997-2433 for more information. Amdahl says you must schedule an appointment if you would like to be seen but that it is otherwise open to all.

The next Planet Heart event scheduled for Flandreau is December 3rd, 2021.
FSST Housing Department has taken over the management of Tate Win. We have had multiple complaints on a cold draft coming through the windows and furnace room, during the harsh winter months. The before picture details that the giant vent left a big access of cold air into the apartments. The after pic details the replacement and sealing of the unnecessary vent.

When these apartments were built, the heating and cooling furnace situation was for a “Zone 1” system. Unfortunately we live in a “Zone 3”. All furnaces will be replaced, but we wish to start on the North side of the building and work the way through. Along with furnace replacements, a Remy Halo will be installed in each apartment. This device kills any possible viruses (covid). (the last pic has the halo in it but you do not need to add that into the newsletter).

Elizabeth Fisherman /Acting housing director
Thanksgiving Day Turkey Dinner
Thursday, November 25
River's Bend Restaurant
10AM - 2PM

Employment Opportunities
- PT Food & Beverage Cashier
- FT / On-Call Cage Cashier
- FT Cage Manager / On-Call Banquet Staff
- FT Count Team Supervisor / FT Slot Supervisor
- PT Table Games Dealers / FT Count Team Supervisor
- 1 FT & 1 PT Hotel Front Desk Clerk / 1 PT Hotel Night Auditor
- PT Food & Beverage Buffet Attendant / FT Porter
- PT / On-Call First American Mart Cashiers
- 2 FT Prairie Junction Cashiers / 3 FT Slot Attendants
- 4 FT Security Line Officers / FT Surveillance Officer
- On-Call Count Team Clerk / FT Food & Beverage Cook
- FT / PT Snack Bar Attendants / PT Food & Beverage Server
- PT Food & Beverage Host / On-Call Count Team Clerk
- FT / PT / On-Call Hotel Attendant / On-Call Gift Shop Cashier

Now hiring minors ages 16-18 for certain positions

Apply online at WWW.ROYALRIVERCASINO.COM

607 S VETERANS ST
FLANDREAU, SD
1.877.912.LUCK
ROYALRIVERCASINO.COM
Tribal CFS Log Sept 2021

- Animal - 8
- Traffic Stops - 14
- Assist Citizen - 11
- Welfare Checks - 3
- Motorist Assists - 2
- Simple Assaults - 2
- Follow Ups - 2
- Drug Violations - 1
- Vandalisms - 4
- PBT/UA - 1
- Suspicious Persons - 4
- Disorderly Conducts - 4
- Intoxicated Persons - 2
- Stolen Property - 2
- Civil Standbys – 1
- Community Policing/Walk-thru - 15

COVID-19 Vaccination Clinic
November 30, 3PM-5PM
Wicomico Otipi Community Center
(West Side)
Sponsored by the
Flandreau Santee Sioux Tribal Health Center
- Ages 5 and Over
  - 1st, 2nd, & Booster doses available
- Moderna and Pfizer Vaccine Provided
- Parental consent required for ages 5 to 17
If you have any questions please feel free to call our COVID-19 team at 605 997-2642.

THE Hunkake CAFE

New Fall & Winter Hours
Monday through Friday
Breakfast
6 a.m. to 11 a.m.
Lunch
11 a.m. to 2 p.m.
Dinner
5 p.m. to 8 p.m.
Closed Saturdays & Sundays
605-573-0938
Mainstreet Flandreau, S.D.
Flandreau Santee Sioux Tribe’s very own Man of Steel

“Truth Justice and the American way”

David Kills A Hundred
Construction projects, as we all know, have been tough to keep on track over the past year and a half. Materials shortages, rising costs, and labor shortages have left many home and business owners stalled or even putting off new builds until some sense of normalcy returns to the market.

But construction of the massive new nursing home just southeast of the Royal River Casino and Hotel remains relatively on schedule to open in August of 2022. Tribal management and Council for the Flandreau Santee Sioux say they are committed to it.

The 40-plus unit facility is being built with a strong focus on memory-care, something tribal leadership say is desperately needed. One wing of the facility will be dedicated to it. Currently most tribal members are moved out of the area to receive such care. Pearman says it’s tough for families to remain active in their loved ones care let alone visit often when a resident is far away. Two other wings will be more skilled care. Residents will not have to be Native to be considered eligible for care.

Tribal attorney Seth Pearman said late last week that the progress we’re all seeing really is exciting. FSST leadership believes that when the new home is complete, it will round out and complement other tribal wellness and medical programs put into place recently, and there is more to come with the new Wellness Center being planned in the same general location.

Pearman said that the nursing home will offer upwards of 88 new, well-paying jobs. The hope is to do on-site CNA training next summer, which is where a majority of the jobs will be. Housing for that staff and others in the community, however, remains a concern. Especially as the tribe grows other operations and priorities on its campus. Four-plexes that have gone up on the south side of town have been fully rented before the buildings even open. Pearman said this is most likely the next issue tribal officials will address.

A partial solution could come in the form of two new mixed-use commercial and residential buildings in the downtown Flandreau where the tribe already owns properties. Tribal Council is considering new buildings where the current Healthy Start is a few doors west of the Crystal Theatre (former ASCS offices). The other property owned by FSST is on Pipestone Avenue across from the Courthouse and adjacent to the building that houses the Moody County Ambulance Service.

“We’re looking at a mixed-use development on Second Avenue where the tribe currently has property...retail on the bottom and at least two levels of mid to higher class lofts up above,” said Pearman.

They would look to construct on the lot next to the ambulance facility at the same time. A Veterans Memorial will also be an integral part of the construction of the new nursing home facility.

“It is super exciting,” said Pearman. “I think it shows a commitment to the health and well-being of our membership, especially our elders.”
Three arrested in drug bust at Flandreau hotel, 4-month-old baby found during the bust

Annie Todd  Sioux Falls Argus Leader
Published 12:23 p.m. CT Nov. 3, 2021

A four-month-old baby was found in a casino hotel room during a drug bust carried out by various law enforcement officials in Flandreau early Monday morning.

Three people were arrested, including two Sioux Falls residents.

Roberta Torres, 43, of Sioux Falls, was arrested by a Moody County Sheriff’s deputy around 2 a.m. Monday at the Royal River Casino and Hotel, according to a press release from the Flandreau Santee Sioux Tribe. Torres had about 45 grams of meth on her person.

Shawn Tufte, 44, of Sioux Falls, sold Torres the drugs and was arrested by the Flandreau Santee Police Department hours later outside the casino, according to police.

While conducting a search of Leta Morrison's hotel room, Flandreau Santee Sioux Tribal police found a four-month-old baby along with 32 grams of meth and various pipes and syringes, according to the release.
Knowing the signs of meth abuse might help you save someone’s life.

- Hyperactivity
- Drastic weight loss
- Dilated pupils
- Talkativeness
- Increased distractibility
- Tooth decay and loss of teeth
- Aggression
- Irritability
- Agitation
- Grandiose behavior
- Twitchiness
- Loss of interest in normal activities, such as food, water, sex, and sleep

Getting “sketched out,” or becoming agitated, nervous, moody, irritable, paranoid, and/or aggressive

- Jumpy eyes
- Scratching, itching, or picking at skin
- Financial difficulties
- Not meeting financial obligations
- Absenteeism or tardiness at school or work
- Noticeable changes in behavior
- Cravings
- Social and interpersonal problems
- Impulsive behaviors
- Memory loss
- Bizarre and erratic behavior
- Repetitive behavior patterns that can last for hours, also called “tweaking” or “geeking.”
- Sleep deprivation, resulting in hallucinations, delusions, extreme paranoia, or violence
Domestic violence is not a Native American tradition.

Does your partner ever...
- Call you names or criticize you?
- Isolate you from family or friends?
- Threaten to hurt you or your children?
- Push, slap, kick or strangle you?
- Refuse to give you money for food, gas or medicine?

Get free, confidential help at
1-844-7NATIVE (762-8483)
open daily from 7 a.m. to 10 p.m. CST.
Callers after hours may connect with the National Domestic Violence Hotline by selecting 1.

Advocates offer peer support, crisis intervention, personalized safety planning, education on domestic violence and healthy relationships, and a connection to Tribal and Native resources.


This project is supported by Grant Number 90EV0476 from the Administration on Children, Youth and Families, Family and Youth Services Bureau, U.S. Department of Health and Human Services. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. Department of Health and Human Services.
Erika Michele Kaupp, age 41, of Flandreau, SD, passed away on Monday, October 25, 2021, at Ava's Hospice House in Sioux Falls, SD. Erika was born on January 6, 1980, to John Kaupp and Julene Lupkes in Omaha, NE. She spent her early years in Gregory, SD and then moved to Colome, SD, graduating in 1998. Erika joined the Air Force and was stationed in Texas. After the Air Force, Erika moved to the Flandreau Area and started working at the Royal River Casino. Erika attended school at Southeast Technical Institute, graduating in 2012 with her associate degree in Marketing. She became the Marketing Director for the Royal River Casino. She also worked in marketing for the Chewelah Casino near Spokane, WA and the Ft. Randall Casino in Lake Andes, SD.

Erika enjoyed playing softball and volleyball in her younger years, was a music enthusiast, loved to go on adventures, and had a huge heart for all animals. She spent her free time hanging out with her friends and family and will be remembered for her spontaneous, outgoing energy, and her motivated spirit. Those who knew her will miss her great sense of humor and companionship.

Erika is survived by her mother, Julene Lupkes, Colome; sisters: Stacia (Jason) Paulson, Colome; Dana Ellwanger, Flandreau; Shana Kaupp, Flandreau; and Chelsea Lupkes, Huron, SD; 10 nieces and nephews; 3 great-nieces and nephews; and many other extended relatives and friends.

Erika was preceded in death by her father, John Kaupp; her grandparents, Oswald and Ellen Kaupp, Stanley Pitsenberger, and Blanche Hiller-Taylor; and her dog & fur baby, McGhoo.

Funeral services will be at 1:00 pm on Friday, October 29, 2021 at the Wicoicaga Otipi Community Center, Flandreau, with burial in the First Presbyterian Cemetery. Visitation will begin Thursday from 5:00 pm - 7:00 pm with an all-night wake service beginning 7:00 pm at the community center.
Sharon Kay Maras, 78, of Flandreau, SD passed away peacefully surrounded by her family on Friday, October 22, 2021 at Dougherty Hospice House, Sioux Falls. Sharon was born on February 20, 1943 in Flandreau, SD to Forrest and Della Mae (Sutton) Lovejoy. She received her early education in Flandreau and then moved to Sioux Falls with her Aunt Iva and finished high school. She then graduated from Black Hills Beauty School in Sioux Falls. Sharon loved her profession and worked in many states including New York, New Jersey, Florida and Minnesota but most of her career was in Sioux Falls at 1st Avenue Beauty Salon. Sharon was an active member of St. Mary’s and Our Blessed Redeemer Episcopal Church, Flandreau. Sharon’s passions in life were her family, being a wonderful beautician and her love of animals, especially horses and dogs. Sharon loved her daughter and beamed with pride over her two grandchildren, Kourt and Joey.

Sharon is survived by her daughter, Kimberly (Brian) Headrick, Tea, SD; 2 grandchildren, Kourtney and Joseph (JoJo); five siblings, Barb Balbach, Waterford, CA; Larry Lovejoy, Ardetta Lovejoy and Jackie Barse, all of Flandreau; and Tammy Lovejoy, Sioux Falls. Sharon was preceded in death by her husband, Ben; former husband, Charles; parents, Forrest and Della; two brothers, Forrest and Gary and three sisters, Diane, Della Sue and Charlotte.

Funeral services will be 11:00 am Thursday, October 28, 2021 at Skroch Funeral Chapel, Flandreau, with burial in First Presbyterian Cemetery, Flandreau. Visitation will be 5:00 – 7:00 pm Wednesday with a 7:00 pm prayer service at the funeral chapel. Masks are required.

SERVICES

**Visitation**
Wednesday, October 27, 2021
5:00 PM - 7:00 PM

*Skroch Funeral Chapel, Flandreau*
409 2nd Ave E
Flandreau, SD 57028

**Prayer Service**
Wednesday, October 27, 2021
7:00 PM

*Skroch Funeral Chapel, Flandreau*
409 2nd Ave E
Flandreau, SD 57028

**Funeral Service**
Thursday, October 28, 2021
11:00 AM

*Skroch Funeral Chapel, Flandreau*
409 2nd Ave E
Flandreau, SD 57028
Navajo American Heritage Day. Get ideas to celebrate at:

- Friday, Nov. 19
  - Red Shirt Day. Wear red to honor and remember the missing or murdered.
  - Rock Your Moccasins. Wear your moccasins and post proudly on social media.
- Monday, Nov. 15
  - Veterans Day. Take a moment to personally thank veterans and their families.
- Tuesday, Nov. 2
  - Tuesday events begin! Stop in between 6-9 pm to join the fun.

Important Dates:

| Nov 30  | Flag Football          |
| Nov 23  | Volleyball             |
| Nov 16  | Kid's Choice Basketball|
| Nov 9   | Martial Arts           |
| Nov 2   | Basketball             |

In the building:

- Age 10+ unless accompanied by an adult

Sport Nights

6 PM-9 PM

EVERY TUESDAY IN NOVEMBER

at the Wicomico Civic Center

Native American Heritage Month

Celebrate
Protect the Circle of Life

Your Flu Vaccine Protects Me
My Flu Vaccine Protects You

- The flu vaccine is safe. You can’t get the flu from a flu vaccine.
- Pneumonia and flu are a leading cause of death among Native elders.
- Please get a flu vaccine each year to protect you and your family.

Learn more at www.cdc.gov/flu or call 1-800-CDC-INFO
Honoring the Diversity of Our First Nations
#NativeAmericanHeritageMonth

What does Native American Heritage Month celebrate? According to the National Congress of American Indians, the month is meant to celebrate the cultures, histories and contributions of Native people. It is also meant to educate people about Native culture and the challenges Native people have faced historically.  Nov 4, 2021
A gas drive-off in Egan could cost a Sioux Falls woman and two others far more than they ever imagined. Roberta Torres was found on the floor of Royal River Casino and Hotel shortly after she allegedly took off from BlueJays Bar & C-Store a week ago Sunday night. Torres appears to be the woman in the security camera video filling up her truck and leaving without paying. The clear images of the truck, however, are what made it easy for officers with the Flandreau Santee Sioux Police Department to track the 43-year-old owner of the truck down. Torres was arrested there that night, on the casino floor, but not just for the gas drive-off. Torres, a convicted felon, was out on parole and had been skipping out of checking in with her parole officers. Additionally, she was found to be carrying approximately 45 grams of methamphetamine with her in a small container. Further investigation into where the container came from led later that day to the arrest of 44-year-old Shawn Tufte of Sioux Falls. Security video reportedly showed Tufte giving Torres the container outside of the casino Sunday morning. In a search of the room Tufte’s girlfriend had reserved at the hotel, Tribal Police also found an additional 32 grams of meth, other drug paraphernalia, and a four-month-old child. The additional discoveries now have Leta Morrison of Rapid City facing charges of Possession of a Controlled Substance, Keeping a Place for Use or Sale of a Controlled Substance, Drug Paraphernalia, Distribution of a Controlled Substance, and Child Neglect. A total of 77 grams or 2.7 ounces of meth and approximately $5,000.00 cash were seized from Tufte and Morrison. The baby was placed in the care of Social Services and is now in the care of extended family. The investigation and arrests were a concerted effort of multiple agencies including the Flandreau Santee Sioux Tribal Police Department, Flandreau Police Department, and the Moody County Sheriff’s Office. The Flandreau Santee Sioux Tribe and Royal River Casino work actively with law enforcement to deter the use of methamphetamine on tribal lands, and to bring justice to those who violate the law.
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<th>Monday</th>
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<tr>
<td>Spagetti w/meat sauce</td>
<td>Fish Sandwich</td>
<td>Wild Rice Casserole</td>
<td>Hot Tuna Buns</td>
<td>Ham &amp; Bean Soup</td>
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<td>Tossed Salad</td>
<td>Baked Potato</td>
<td>Confetti Cottage Cheese</td>
<td>Mac &amp; Cheese</td>
<td>Egg Salad Sandwich</td>
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<td>Garlic Toast</td>
<td>Buttered Corn</td>
<td>Mixed Veggies</td>
<td>Buttered Peas</td>
<td>Carrot Cake</td>
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<td>Cinnamon Baked Apples</td>
<td>Chocolate pudding</td>
<td>Peaches</td>
<td>Cookies</td>
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<td>Wisconsin Cheese Soup</td>
<td>Pork Chops</td>
<td>Pepper Steak</td>
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<td>Chicken Noodle Soup</td>
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<td>Ham Salad Sandwich Muffins</td>
<td>Mashed potato/gravy</td>
<td>Over rice</td>
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<td>Fried Bread</td>
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<td>Harvard Beets</td>
<td>Buttered Corn</td>
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<td>Candied Applesauce</td>
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<td>Taco Salad</td>
<td>Hamburger on Bun Mac Salad</td>
<td>Hot Beef</td>
<td>Beef Stroganoff</td>
<td>Turkey &amp; Stuffing</td>
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<td>Spanish Rice</td>
<td>Chips</td>
<td>Mashed potato/gravy</td>
<td>Over noodles</td>
<td>Potato’s &amp; gravy</td>
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<td>Banana Bread</td>
<td>Cookies</td>
<td>Corn on Cobb</td>
<td>Buttered Beet</td>
<td>Green beans</td>
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<td>Apple Crisp</td>
<td>Cranberries</td>
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<td>Seasoned Chicken Breast</td>
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<td>Rice Pilaf</td>
<td>Rice Krispy Bar</td>
<td>Butterscotch pudding</td>
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<td>Green Bean Casserole</td>
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<td>Apricots</td>
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<td>Tator Tot hotdish</td>
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<td>Royal Salad</td>
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<td>Vanilla Pudding</td>
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<td>Apple Pie</td>
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**Grace Moore Senior Citizens Center 997-2924**

*Menu subject to change without notice.*