







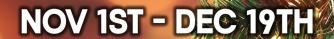


FSST Management would like to wish those of you with birthdays in December a Happy Birthday! a light lunch and sweet treat will be provided in the finance/hr conference room at the old clinic, located at 701 w broad avenue.

12/01 Steven Cadotte Sr. 12/01 Steven Taylor 12/02 Cecil Smith 12/03 Kimbertly Patterson 12/04 Howard Allen Sr. 12/04 Richard Allen 12/04 Richard Allen 12/04 Ilyah R<mark>ede</mark>rth 12/05 Steward Jones 12/05 Regina Lewis 12/05 Stacia Paulson 12/06 Cynthia Re<mark>derth</mark> 12/07 Tanya Andersen 12/07 Canteskuya <mark>Garci</mark>a 12/07 Amanda Jo<mark>knson</mark> 12/07 Patricia O'hara 12/07 Marie Penny 12/07 Dean Wade 12/08 George Gullicksons 12/08 Priscilla Hovland 12/09 Lindsay Bose 12/10 Blue Curry 12/10 Mona Miyasato 12/11 Jennifer Alderman 12/11 Barbara Ferguson 12/11 Mekayla Ray 12/11 Wilder Van Hofwegen 12/142 Thomas Harr 12/13 Lavona Allen 12/13 Montana Armstrong 12/14 Garrie Kills A Hundred 12/14 Iris Rederth

12/16 Laureen Herrick 12/16 Maya Rivera 12/16 Ray<mark>mond Wakeman</mark> 12/17 Tate Curry 12/17 Jean Wade-Lane 12/18 Jacqelyn Barse 12/19 Travis Anderson 12/19 Joshuya Weston Jr. 12/20 Phillip Allen Jr. 12/20 Timothy Cadotte 12/20 Valiyah Jones 12/20 Jamie Long 12/21 Dom<mark>inic Ć</mark>ournoyer 12/21 Kevin Dudley 12/21 Daniel Flute 12/21 Bruce Ramlo 12/21 Mia Schrader 12/22 John Armstrong 12/22 Paige Corcoran 12/22 Ashkii Roy 12/24 Nikko Cole 12/25 Timothy Bivens 12/25 Cory Burkhardt 12/26 Candice Shopbell - Martin 12/27 Kerry Groves 12/27 Trista Nelson 12/28 Jacqueline Allen 12/28 Morning Glory Lovejoy 12/29 Sienna Himes 12/29 Dennis Ramlo 12/29 Warlene Vellow Cloud 12/30 Thomas Ranfranz

Member Birthdays!



Angel Tree

BLESS THOSE(IN NEED

Choose an angel, donate a gift, rejoice with free slot play!

PLEASE PROVIDE AN UNSEALED GIFT BAG WITH ALL ITEMS ON THE ANGEL TREE CARD WITH GIFT (KEEP CARD WITH GIFT).

MUST HAVE ROYAL REWARDS CARD TO RECEIVE FREE SLOT PLAY.

1ST GIFT DONATION, RECEIVES \$10 FREE SLOT PLAY

2ND GIFT DONATION, RECEIVES
\$15 FREE SLOT PLAY

3RD GIFT DONATION, RECEIVES
\$20 FREE SLOT PLAY

4TH GIFT DONATION, RECEIVES
\$25 FREE SLOT PLAY

WE ARE PROUD TO DONATE TO LOCAL CHARITIES.

Royal River

CASINO·HOTEL

Management reserves the right to enhance, change or discontinue any promotional event at any time with or without prior notice. Must be 21.







DECEMBER 2025

Healthy Holidays



WICOZANI GATHERING

Community Room
Tuesdays from 9:00am to 11:30am

DECEMBER 2ND – WE WILL LAUNCH OUR NEW EHR SYSTEM.
PLEASE NOTE, THERE WILL BE NO WICOZANI GATHERING.

December 9th - Emotional Self-Care

On the Menu - Chipotle Avocado Toast

December 16th - Balancing Life with Exercise

On the Menu - Breakfast Enchiladas

December 23rd - Healthy Eating on Special Occasions

On the Menu - Grinch Smoothie

December 30th - Goal Setting & Lifestyle Changes

On the Menu - Ham and bean soup

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	EPIC GOES LIVE!!		Healthy Holiday	
	NO Wicozani Gathering		5 - 6 pm	
8	9	10	11	12
	Wicozani Gathering 9 am – 11:30 am		Healthy Holiday 5 – 6 pm	
15	16	17	18	19 cccI (unicre
	Wlcozani Gathering		Healthy Holiday	FSST (HRISTMAS
	9 am - 11:30 am	_	5 - 6 pm	CLOSING AT 12PM
22	23	Christmas	C hristmas	26
Healthy Holiday	Wlcozani Gathering 9 am – 11:30 am	Eve	25 Day	
5 - 6 pm		CLOSING AT 12PM	Christmas - CLOSED	Dakota 38+2 - CLOSED
29	30	31		
	Wlcozani Gathering 9 am – 11:30 am			





HEALTHY HOLIDAY

5-6pm at Wicoicaga Otipi Community Center (West)

December 4th
December 11th
December 18th
December 22nd

On December 2nd, after many months of preparation, our EHR upgrade to EPIC systems will GO LIVE! We appreciate your patience this holiday season as we strive to provide you with the gift of more convenient, high-quality healthcare right here in Flandreau, SD!

THURSDAYS |

5PM-9:30PM

HOT HIBACHI Iguillo

RIVER'S BEND RESTAURANT

\$24.99

Enjoy an All-You-Can-Eat Customizable Asian experience with a variety of vegetables, noodles, and meats sauteed in your favorite sauces right in front of you!



Management reserves the right to enhance, change or discontinue any promotional event at any time with or without prior notice.



Hungry?

11AM-8PM

11AM-2PM ON SEAFOOD BUFFET NIGHT



FRY BREAD Findays

RIVER'S BEND RESTAURANT

\$15

\$10

Enjoy traditional fry bread made fresh and top with a large selection taco toppings and wojapi!





ALL-YOU-CAN-EAT PRIME RIB

SATURDAYS 4:30PM-9:30PM

\$21.99

Enjoy tender & juicy, house made dry-rubbed, and slow cooked prime rib with an assortment of sides and salad bar!



Management reserves the right to enhance, change or discontinue any promotional event at any time with or without prior notice.



Hungry?



BRUNCH Sundays

RIVER'S BEND RESTAURANT

Enjoy a delicious buffet with an assortment of all your breakfast and lunch favorites.

ADUITS

\$20

CHILDREN

\$13





Develop the capacity to heal from unresolved grief and losses created by historical and generational trauma.

MENDING BROKEN HEARTS:

A NATIVE AMERICAN GRIEF THERAPY GROUP

This is a closed therapy group

Behavioral Health will be starting a group on January 8, 2026

This will run for 12-14 weeks Every Thursday from Noon to 1:30PM

If you are interested in participating, please contact Behavioral Health at 605.997.3844 for more information.







Attention Patients

We are excited to announce that we will be launching our new Epic EHR on December 2, 2025.

To ensure a seamless transition and a positive experience for you, we kindly ask that you arrive 15-20 minutes early for your appointments. This extra time will allow us to complete the necessary paperwork and check you in efficiently. Please remember to bring your IDs and insurance information.

Thank you for your understanding!









Hangry?

RIVER'S BEND RESTAURANT





Happy & Healthy Holidays

Join us for one class each week throughout the entire month of December!

Each event is designed to help you navigate the holidays in a happy and healthy way!

All events will take place in the West Lobby of the Wicoicaga Otipi Community Center



Craft a Holiday Ornament | Education about the Flu

December 4th from 5 - 6 pm

Make a Christmas Ornament!

- Signs and symptoms of the flu
- Receive education about the flu vaccine
- How to care for yourself during the flu season

If you have not received your flu vaccine and would like help in setting yours up, Maxi will work with you!

Gift In a Mason Jar | Mental Health

December 11th from 5 - 6 pm

This event is designed to promote mental well-being and reduce financial strain, which can lead to health problems, especially when people find it difficult to purchase gifts during the holiday season. It offers a chance for family members to craft heartfelt presents for each other.



Craft supplies will be provided | Call Maxi for more information @ 605.573.4188



Happy & Healthy Holidays

Join us for one class each week throughout the entire month of December!

Each event is designed to help you navigate the holidays in a happy and healthy way!

All events will take place in the West Lobby of the Wicoicaga Otipi Community Center

Keep Moving During the Holidays

December 18th from 5 - 6 pm

Anytime Fitness from Pipestone will come to the wellness center to teach a 45-minute Yoga/Sculpt class.

YOU WILL NEED TO RSVP BY DECEMBER 11TH FOR A SPOT.



All participants are required to sign waivers.

Wellness members can utilize their current waiver.

This will help promote movement and exercise during the holidays, when many people tend to stray from their fitness routines. Education on the importance of staying physically healthy and regulating stress during the holidays will be provided.

Yoga matts will be provided | Waivers must be signed



Family Festive Film Gathering December 22nd from 5 - 6 pm

This event will give relatives a chance to sit with loved ones during the holidays.

Teach children there are healthy snack options when watching a movie.
It does not need to be loaded butter popcorn, soda, candy, chips etc...

Snacks will be provided

Call Maxi for more information @ 605.573.4188



WEDNESDAY, DECEMBER 31, 2025

9:30PM DOORS OPEN
10:30 PM | FREE!
ROYAL ROOM

HIGHLIGHT THE NIGHT! WEAR NEON RECEIVE \$5 FREE PLAY PLUS! PARTY FAVORS

Must be 21+ Must have a Royal Rewards Card to receive free play.







ADULTS* **\$27**

CHILDREN \$15

Roast Beef carving station and a variety of bountiful side dishes.





EARN ENTRIES DAILY

October 31 - December 31, 2025 | Midnight - 11:59PM

Receive 1 entry for every 10 points earned or 1 hour of tracked table games play.

EVERY FRI. & SAT. WINNERS! **NOVEMBER + DECEMBER**

5PM - 9PM 5 Winners WIN \$200 FREE PLAY

10PM 1 Winner WIN \$500 FREE PLAY FINALE GIVEAWAYS! WEDS. DEC. 31ST **MIDNIGHT**

5 LUCKY WINNERS!

Win up to \$500 in weekly free play for 2026

Plus! HIGHLIGHT THE NIGHT

Wear Neon - Receive \$5 Free Play!

Enjoy! PARTY FAVORS



4pm - 10pm NEW YEAR'S EVE BUFFET

Ring in the New Year in Royalty Status

River's Bend Restaurant Adults \$27 | Children \$15

Roast Beef carving station and a variety of bountiful side dishes

FREE PLAY



6pm-11pm **BONUS FREE PLAY** every hour!

RECHARGE

Royal Rewards Card Members:

- Silver \$10 Free Play
- Gold \$20 Free Play
 Platinum \$30 Free Play
 Diamond \$50 Free Play



Must be playing with your Royal Rewards Card and be present to win. See Players Club for rules. Management reserves







DAILY 7AM-7PM

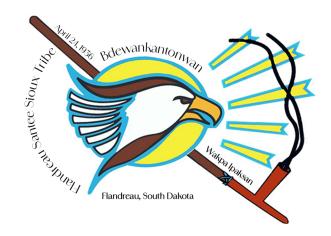


\$5 OFF Senior Meal Deal

Earn 5 points or higher with your Royal Rewards Card and receive \$5 in COMPS from the kiosk directly to your card. Redeem at the River's Bend Restaurant or Snack Bar.

Weekly Promotions!





Save the dates!

December 6th

Flandreau Holiday Parade @ 6 p.m. Tribal Float

December 19th and 24th

Tribal Government and Adminstrative Office Closed Half 1/2 Day.

December 25th and 26th

Tribal Government and Adminstrative Office Closed for holiday.

December 31st

New Years Eve Bingo First Presbyterian Church Doors Open at 5 p.m. Games Begin at 6 p.m. Eastman Hall

Wowapi Newsletter

A monthly publication created by the Flandreau Santee Sioux Tribe's Communications Department.

SUBMISSION DEADLINES:

- ~ 25th of each month
- ~ Must be typewritten or Computer Generated Format
- ~ Hard Copy or Email

SUBMIT:

Flandreau Santee Sioux Tribe Attn: Francis Wakeman III PO Box 283 Flandreau, SD 57028

(605) 573-4238 francis.wakeman@fsst-nsn.gov

NOTICE OF DISCLAIMER:

In preparation of this publication, every effort has been made to offer the most current, correct, and clearly expressed information possible. Neverless, inadvertent errors in information may occur from time to time. A reasonable effort to correct information will be mae in the next publication.

The information in this newsletter has been compiled from a variety of sources and are subjecty to change without notice. Where discrepancies exist between this publication and official document(s); the official document(s) shall prevail.

The Flandreau Santee Sioux Tribe makes no warranties or representations whatsoever regarding the quality, content, completeness, or adequacy of such informatoin or data.

The FSST reserves the right to refuse the publications of information where the subject matter is deemed inaccurate or inappropriate.

December 2025

Friday	Beef Stew S	Veggie Pizza Choc/vanilla layer cake		Chili Fry bread 7 Layer Salad Banana Bar	Closed Staff Party 19	CLOSED 26			inge without notice.
Thursday	Hamburgers 4 w/fixins	Mac. Salad Baked Beans Apple Pie		Baked Potato 1 1 With toppings Carrot Salad Pumpkin Coffee Cake	Wild Rice Soup 18 Roast Beef Sandwich Ham & Veggie Salad Choc. Pudding	CLOSED 25			*Menu subject to change without notice.
Wednesday	BBQ Ribs 3 Baked Potato	Green Beans Silver Glade Salad Broken Glass Jello		Seniors Christmas Party 10 Eastman Hall Baked ham Potato's/gravy Green Bean Casserole Festive Tossed Salad Pineapple Upside down cake	Swedish Meatballs 17 Potatoes/gravy Harvard Beets Creamsicle Cake Rhubarb Bars	CLOSED 24	ion	Meatloaf Potato's/gravy Cauliflower/cheese Tossed Salad Blueberry Delight	24
Tuesday	Chicken Breast 2	Broccoli Autumn Tossed Salad Cookies		Tomato Bisque Soup 9 Grilled Ham & Cheese Mac. Salad Brownies	Chicken Noodle Soup <u>l</u> 6 Turkey Sandwich Mandarin Orange Salad Chips Lemon Bread	CLOSED 23	Cacat	Lasagna Caesar Salad Onion Cheese Bread Strawberry Éclair Cake	itizens Center 997-2924
Monday	Goulash 1	Creamy Coleslaw Bread Stix	Cream Puff Dessert	Taco Salad Spanish Rice Red Bean Toss Seven Layer Bar	Sausage Gravy over 15 Biscuits Sausage Patty Scrambled Eggs Fruit Glazed Donut	сгоѕер 22	1	Tator Tot Hotdish 29 Mandrin Orange Salad Apple Crisp	Grace Moore Senior Citizens Center