



Wa-to-pa-pi Wi

*The Moon when the Streams are again Navigable
Wakpa Ipaksam
April 2026*



Attention Veterans & Family of Veterans

We are creating a comemorative wall in honor of our past and present Akicitas, both men and women of Wakpa Ipaksan who served in the armed forces.

The comemorative wall will be located next to the restaurant along side the Dell Iron Cloud Veteran's mural, just to the left of the Executive Committee portraits.

We would be honored if you would provide a copy of your military enlistment photo (8 x 10) or a picture of a family member who was or is a veteran for display on the wall. We can assist with copying and sizing photos for your convenience.

Call or Text me at (605) 864-7602 or stop by my office for more details.

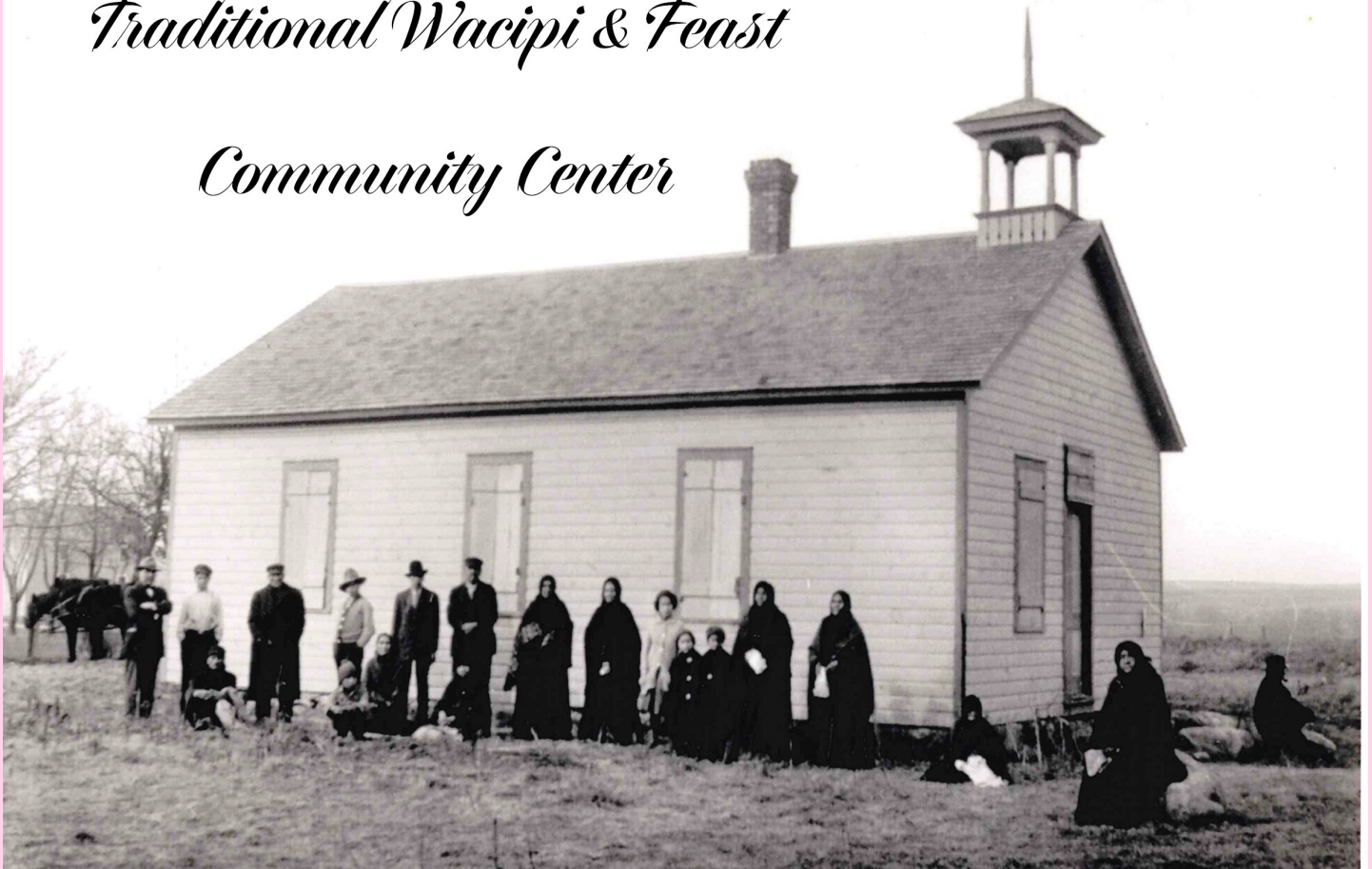
Founder's Day Celebraton

Friday, April 24, 2026

*Join us in celebrating the
histotry of Waklpa Ipaksan!*

Traditional Wacipi & Feast

Community Center



11AM-8PM

11AM-2PM ON
SEAFOOD BUFFET NIGHT

FRY BREAD *Fridays*

RIVER'S BEND RESTAURANT

ADULTS
\$15

CHILDREN
\$10

Enjoy traditional fry bread made fresh and top with a large selection taco toppings and wojapi!

Royal River[®]
CASINO • HOTEL

Management reserves the right to enhance, change or discontinue any promotional event at any time with or without prior notice.



RIVER'S BEND RESTAURANT

ALL-YOU-CAN-EAT **PRIME RIB**

SATURDAYS
4:30PM-9:30PM

\$21.99

Enjoy tender & juicy, house made dry-rubbed, and slow cooked prime rib with an assortment of sides and salad bar!

Royal River[®]
CASINO • HOTEL

Management reserves the right to enhance, change or discontinue any promotional event at any time with or without prior notice.



Wakpa Ipakšan Dakodiapi

WEEKLY SCHEDULE 2026

ANPETU TOKAHE

(MONDAY)

After School Program 3:45pm-5:00Pm

5th-12th Graders. Dakota Language. Cultural Crafts. Homework Help. Snacks. Wellness Activities. Everyone's Welcome.

Online Dakota Language Noon-1pm

Online Dakota through Microsoft Teams App on your phone, contact for meeting link

ANPETU INUNPA

(TUESDAY)

After School Program 3:45pm-5:00Pm

5th-12th Graders. Dakota Language. Cultural Crafts. Homework Help. Snacks. Wellness Activities. Everyone's Welcome.

Winyan Omničiye-Women's Meeting 6pm

Women's Meeting twice a month. Come gather and share a meal. Cultural teachings and crafts, workshops, etc. Contact for dates.

ANPETU IYAMNI

(WEDNESDAY)

After School Program 3:15pm-5:00Pm

5th-12th Graders. Dakota Language. Cultural Crafts. Homework Help. Snacks. Wellness Activities. Everyone's Welcome.

Taku Kağapi-Craft Night 7pm

Bring a project or start a project. We have the supplies or we can order them. Moccasins, Ribbon Skirts/Shirts, etc.

ANPETU ITOPA

(THURSDAY)

After School Program 3:45pm-5:00Pm

5th-12th Graders. Dakota Language. Cultural Crafts. Homework Help. Snacks. Wellness Activities. Everyone's Welcome.

ANPETU IZAPTAN

(FRIDAY)

Online Dakota Language Noon-1pm

Online Dakota through Microsoft Teams App on your phone, contact for meeting link

Contact Dusty Beaulieu
605-864-8887
Dustin.Beaulieu@fsst-nsn.gov

Wiçoičağa Otipi Community
Center, 503 W. Broad Ave.

FSST WELLNESS CENTER AND TRIBAL SERVICES PROJECTS INFORMATION

The Flandreau Santee Sioux Tribe (the “Tribe”) has worked diligently to design, finance, and build two incredible projects for the Tribe and its members; a state-of-the-art Wellness Center, and Tribal Services Center, both of which will be located on the Tribe’s Reservation. These projects are set to begin construction in April 2026 and May 2026, and this document provides information on the projects and how they are going to be funded with a factual narrative of the projects.

Project Information. The Wellness Center will be the first project to start construction, anticipated in early April 2026, and will be completed by April 14, 2028. The project will be located at the now FSST Community Center, and will include a renovation of the existing facility, and construction of new facilities, ending with a total 112,691 square foot building. The total project cost for this facility will be \$79,117,386 which does not



include the cost of financing. This building was designed by Gensler, and Hausmann Construction and Clark Drew Construction will be building the facilities. Features of the building include: four new gyms, expanded fitness facilities, state of the art physical therapy, men’s and women’s saunas and locker room areas, a climbing wall, a therapy pool, a new behavioral health wing, new community/education rooms, expanded Dakota Language and cultural spaces, and other related spaces. This facility is designed with a holistic approach to wellness that

encompasses the balance between physical, mental, cultural, and spiritual well-being.

The Tribal Services Building will start slightly thereafter, is anticipated to commence construction in early May 2026, and will be completed by July 14, 2028. The project will be located at the now tribal office and finance office, and will be a complete replacement of these buildings, totaling a new 88,141 square foot building. The total project cost for this facility will be \$67,975,363 which does not include the cost of financing. This building was designed by DSGW Architects, and Hausmann Construction and Clark Drew Construction will be building the facility. Features of the building include: state-of-the-art Tribal Historic Preservation Department space with archival storage, a 3-D printing room and laboratory, a tribal museum and gift shop, a large conference space for tribal events, Executive Committee chambers to host larger public meetings, a coffee shop, multiple conference rooms, a call center space, a separate building with a drive through canopy to handle food and other distributions, and centralized offices and ancillary spaces for all tribal departments. This facility was designed to centralize all Tribal Services and Programs into one building for a better delivery of services to Tribal Members.



New Construction Jobs/Opportunities. During construction, there will be 325 jobs per project, totaling 650 jobs. During the community meeting prior to the May General Council Meeting, Hausmann Construction and subcontractors will be conducting a job fair for interested tribal members and others in the community. During the duration of construction, the Tribe will work and coordinate with Hausmann to ensure that tribal members who are interested in working on the projects have an opportunity.

Relocation During Construction. During the construction of these facilities, individuals in the Tribal Office, Finance Building, and Community Center will need to have temporary office locations elsewhere. The Tribe

has been working on a plan for over a year to achieve these goals, and will be bringing in temporary office trailers, and using other existing tribal spaces to ensure there is no disruption in services to Tribal Members. This includes the preservation of tribal documents, records, and artifacts. There may be a cash and carry sale for office furniture and the like in the Tribal Office and Finance Building.

Financing for the Project. The Tribe has engaged D.A. Davidson to assist it in selling tax-exempt bonds for both projects. D.A. Davidson was founded in 1935, has extensive experience in Indian Country finance projects, and specifically was the bond placement agent for the Tribe for its Joint Venture Clinic, Royal River Casino and Hotel Renovation, and for the Joseph Robertson Long Term Care Facility. The project team is working diligently on the bond documents, and other associated documents, and has a tentative plan to close in April 2026 for the Wellness Center and May 2026 for the Tribal Services Building.

The Executive Committee is considering a bond authorization resolution to cover both projects. That resolution has amounts listed that are anticipated to be higher than the total project cost and issuing fees, which will not be finalized until the bonds are sold. The Tribe will be refinancing the existing bonds utilized to construct the clinic, and will raise new money for the construction of the facilities. These financing costs are to be reimbursed by the 105(l) program.

Pledged Revenues. This is NOT a general obligation of the Tribe and NO LAND is being pledged as collateral, meaning that if this project were to enter a financial default, the only assets that would be subject to recourse would be the items described in the bond documents. A default would NOT impact other tribal businesses or departments, or other non-pledged tribal assets. This is the exact situation that was utilized when financing the other major projects mentioned above.

Debt Service. Debt Service is the payments due on the debt, including interest and principal. This project is using a familiar revenue stream to fund the project, with the additional use of a series of 105(l) Leases with the BIA and IHS. Both projects will be paid for through a ground lease between the Tribe's Facility Authority and the Tribe (*See* Title 30 of the FSST Law and Order Code), an ad valorem tax on the project (*See* Title 23 of the FSST Law and Order Code), and leases under the 105(l) Lease Program. Additionally, the Wellness Center will have revenues from third party payments at the facility to cover debt service.

The Tribe has engaged a third-party accounting firm, Bland and Associates, that has taken actual numbers from the facilities, and included financial models. In these models, it shows that through these revenue sources (i.e.- ground lease, 105(l) lease, ad valorem tax, and interest income), the debt service will be covered by reimbursements, and in addition to debt service being fully covered, the Tribe anticipates an additional \$3,000,000 annually in excess revenues based on these projections.

105(l) Lease Program. Section 105(l) "leases" are not traditional leases but are more like "facility cost agreements" between the IHS and the Tribe to cover facility operational expenses relating to PFSA's assumed under the ISDEA pursuant to a self-determination contract (collectively, "Section 105(l) Leases"). Operating expenses may include rent, depreciation, reserve funds, principal and interest, operation and maintenance expenses, repairs, alterations, and other reasonable expenses (collectively, the "Section 105(l) Lease Payments"). Section 105(l) Leases are for completed facilities which are occupied; as such, any 105(l) lease for the Wellness Facility will not commence until after the Facilities are substantially completed and placed in service. Section 105(l) Leases are one-year leases which are renewed annually; absent a violation of the lease by the Tribe, the federal government is statutorily obligated to fund such lease. Because there are multiple Self-Determination Agreements relevant to the facilities, there may a 105(l) Lease with IHS for its PFSA's, and a separate 105(l) Lease for the Bureau of Indian Affairs Programs.

Reimbursement of Tribal Funds. As part of the overall financing, the Tribe will be reimbursed for expenses that it has incurred for these projects. **To date, the Tribe has spent** approximately \$3,111,688.92 on the Wellness Center, and \$2,292,594.30 on the Tribal Services Center, totaling **\$5,404,283.22**. This money will only be reimbursed if the financing of these projects moves forward.

RIVER'S BEND RESTAURANT

BREAKFAST FOR *Dinner*

THURSDAYS

5PM-9PM

Royal River
CASINO · HOTEL

ALL YOU CAN EAT BREAKFAST BUFFET

Assorted breakfast meats, breakfast potatoes, egg bakes, crepes, waffles, French toast sticks, sweet breads, fruit, and the "endless egg station" to include omelets and eggs cooked to order.

\$19.99



**EVERY THIRD FRIDAY
5PM-9:30PM**

SEAFOOD BUFFET

RIVER'S BEND RESTAURANT

ADULTS
\$50

CHILDREN
\$25

Enjoy unlimited crab legs and an assortment of seafood.

Royal River
CASINO · HOTEL



ESST Ordinance Title 13 Animal Control

Section 13-2-1
Running at Large Prohibited

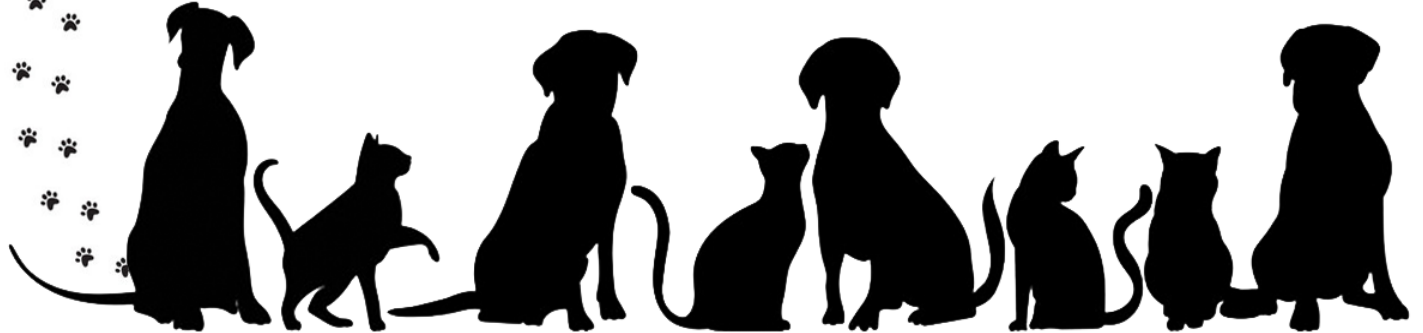


Lets do our part to keep our
community, families and our
furry families safe!

Section 13-2-9
Immunizations Required

Visit <https://fsst-nsn.gov/law-order-code>

Section 13-3-1
Impounded Animals



*Attention
Members!*

*If you are interested in purchasing a
star quilt, our finance team will
now assist you with your purchases.*

*Finance is located in the
Administration Building.
(the old clinic)*

Constitutional Revision, Is it finally time?

Since as far back as I could remember, FSST members have been calling for a Constitutional revision. A document that properly identifies our people and not from the lens of an IRA constitution whose sole purpose was to delineate our existence. But how and where do we begin? Should we revise what is already written? Should we declare independence from our IRA past and for once, write our own path forward? These are the exploratory questions that need to be discussed if we want to exercise our right to sovereignty.

Preamble - We the People

The monumental task of writing our Constitution begins at the very beginning with our preamble. An interesting colonial fact is that the Latin word *preambulus* mean “walking before” hence the term we know today meaning a preliminary statement before a written work or an event. Our current constitution as with most starts with *We the People*, there after the intent or scope of the document must be formulated. It is here that some nations begin by interjecting the cultural component that sets the tone for the rest of the document.

The Articles

Article I is straightforward in defining our territory now and acquired in the future. Article II, the membership clause, is the very clause that the criteria and eligibility of a FSST member. It also defines who our government is formed to act on behalf of and how our government is to be administered. In order to receive federal recognition, Congress enacted the Indian Reorganization Act of 1934 which created and implemented the IRA Constitution across Indian country. These IRA constitutions were designed to end the US government’s treaty obligations upon the expiration of the members listed under an official census.

Federal census workers were sent to each reservation to identify tribal members which formed the “Base Roll” for each nation. It is important to note that no scientific method was used to record our so called “Pedigree.” Federal census workers relied solely on the oral recollections of family members and in some instances, information from third parties, whose claims were never verified nor were these individuals providing such testimony recorded. This created many questions of reliability and accuracy of the records.

Our Constitution’s membership clause consisted only of Article II, Section 1, Section 1 (a) and Section 2. It wasn’t until 1967, through a series of amendments, which further identified the eligibility of our future membership and passed our nation to the generations that follow, specifically Article II, Section 1 (b), 1 (c) and 1 (d).

What is often historically overlooked is the fact that “FSST Blood” as identified in the Constitution, had never existed neither was a native settlement here known as the Flandreau Santee Sioux Tribe. The Wakpa Ipaksan site was chosen by our original homesteaders, who were Bdewankantonwan Dakota exiles from the newly formed state of Minnesota. They chose this site for settlement due to the proximity to our Dakota homelands and cultural sites within Minnesota. Since our formation, those Dakota exiles married members from other “Siouxan” nations, expanding our pedigree.

Many of our elders today have strong opinions relating to the membership clause; ensuring that our Pedigree doesn't fall below ¼ total degree of "FSST Blood," However in 1997, to the surprise of many members, amendments appeared in our Constitution that deviated away from our historical understanding of what constituted FSST Blood. These amendments emphasized a "Ancestral Trace" to our base roll and allowed for other federally recognized tribe's blood degrees to be included. With all that in mind, how would we define the future of our membership while preserving our legacy and pedigrees from the Great Sioux Nation?

Article III The Governing Body

This article provides clarity on what defines the governing body of our nation. Section 1 establishes the Executive and Trustees, while Section 2 establishes the FSST membership. As you review the changes embedded within each section you will find, once again, references to amendments made in 1997, which are not clearly defined as to what language was altered by their passage, while adding two more trustee positions. Although Section 5, Executive Compensation was amended in 1984, it came as shock to many of us when the word "approved" by the General Council," was altered to say "reviewed."

Our Constitution creates these Officers and Trustees but in order to understand what they are to do on our behalf, is defined under the By-Laws of the Flandreau Santee Sioux Tribe and now, Title 34. The duties of the four officers are well defined; it is the duties of the trustees that lack clarification. Currently our Constitution states under Article I, Section 5 of the FSST Bylaws, "the trustees shall assist the Executive Committee in the execution or their duties." What does that mean and how are they to assist? Perhaps under a re-write of our Constitution, it is time to review the composition, responsibilities and reporting relationships of our elected government officials, writing the necessary oversight that was historically provided by the General Council (We the People).

How do we begin to re-write our governance and ensure our voices are heard at the table? Should we amend quorum? Should we impose constitutional stipulations requiring a vote from the membership on how to invest in our future? At what cost? Do we leave the profitability of our enterprises solely before the Executive? All these questions must come from the people and many of us who attend our quarterly meetings have expressed their dissatisfaction with our current operating methods.

Constitutional Revision Committee

As far back as I can remember, there has always been a discussion regarding revising the Constitution. Many of our challenges within our nation are created by antiquated laws and methods that no longer serve our membership. The focus of our government is to provide for the people and our future, if our current methods and laws are inhibiting our growth and success. It's time to change.

Although this is an election year, this process must begin and President Reider is ready to form a committee to begin this arduous and important task. FSST Members interested in serving on this committee need to submit a letter of interest to the president's office by April 30, 2026. You may submit your letter of interest to Sylvia Roy at sylvia.roy@fsst-nsn.gov or mail to 603 West Broad Avenue or drop off at the Tribal Office.



Crescent Street Bridge Project

The Crescent Street Bridge was built in 1935, funded by the Works Progress Administration (WPA), a federal program designed to return workers to workforce after the Great Depression. Former U.S. President Franklin D. Roosevelt created the program that provided millions of jobs building public infrastructure projects across the country.

A bridge built of wood and steel pre-dated the Crescent Street Bridge which continued to serve as a connection between the Flandreau Indian School, Wakpa Ipaksan and the surrounding community of Flandreau for decades but every infrastructure project needs constant upkeep and repair. Around the mid-2000's the bridge was closed and remained so until around 2022 when it was finally demolished. The decision to demolish the bridge was made despite a public outcry from many citizens who carried petitions to save the bridge.

Elizabeth Wakeman, a Wakpa Ipaksan member and Emily Pieper Firman, a local resident of Flandreau, were two prominent voices that kept the project at the forefront of tribal and city council discussions over the past decade. Elizabeth, like many of our members, attended the Flandreau Indian School and Emily's parents both worked at the Indian School for years. Many of our Wakpa Ipaksan ancestors met, fell in love, married their Indian School sweet hearts, which contributed to our growing population.

Last year, the Trump Administration dealt a blow to the project, that was previously funded under a Community Change Grant program, by cancelling environmental initiatives approved under the Biden administration. During the past several months, under the stewardship of Philip Allen, FSST Fleet and Roads Manager, funding for the bridge became a reality through the BIA's Bridge Improvement program (BIP). A ribbon cutting ceremony was held on March 18, 2026 which included the BIA, Tribal and City Officials as well as local residents. Stay tuned over the next year as the project becomes a reality.







Wicoicaga Otipi Community Center

April 18th, 2026
8:00AM registration / 8:30 AM start
1-2-3-mile routes walk or run
SDPI Sponsored Event



Seed starters for all participants!

 Refreshments and light snacks will be provided. 

First Presbyterian Church invites you to...

Join us for an evening of family fun and good food!

Saturday, April 4, 2026

Doors Open at 5 pm / Games Begin at 6 p.m.

APRIL FOOLS DAY BINGO

Win Donated Cash & Prizes!

**Join us at the First Presbyterian Church's Guild Hall
22882 SD HWY-13 North of Flandreau**



RIVER'S BEND RESTAURANT

Easter **BUFFET**

**SUNDAY, APRIL 5TH
11AM-4PM**

Let us do the cooking and the clean-up while you enjoy a variety of your favorite breakfast and holiday lunch items with your family!

**ADULTS
\$28**

**CHILDREN
\$20**

Royal River
CASINO • HOTEL

S.T.I

**Sexually Transmitted Infection
Awareness Month**

STI Testing & Education Event

Open to all Tribal Health Center Patients

- o FREE condoms
- o STITPPI giveaways
- o STD/STI informational handouts



**PRIVATE AND
CONFIDENTIAL**

Discreet testing will be available

GC/Chlamydia
Syphilis
HIV
Hepatitis



Community Room

Wednesday, April 15th 2026
11:00a.m. to 3:00p.m.

Contact Flandreau Santee Sioux Tribal Health Center's Public Health Department for more information @ 605.997.2642.

Made possible by **STITPPI** - Sexually Transmitted Infection & Teen Pregnancy Prevention Initiative

Happy Birthday to our Employees!

04/04 Nick Flute
 04/18 April Herrick
 04/19 Hovakah Bosin Sr.
 04/28 Allen Pooler

ROYAL RIVER CASINO & HOTEL APRIL PROMOTIONS

1.877.912.LUCK | ROYALRIVERCASINO.COM | 607 S VETERANS STREET, FLANDREAU, SD

Royal River Casino & Hotel reserves all rights to cancel or modify this program at anytime. See Players Club for promotional rules and details. Must be 21.

CHECK OUT MORE DETAILS!



SUNDAY
8AM - 8PM

MONDAY
8AM - MIDNIGHT

TUESDAY
8AM - 8PM

WEDNESDAY
8AM - 8PM

THURSDAY
8AM - MIDNIGHT

FRIDAY
5PM - 10PM

SATURDAY
5PM - 10PM

Center Bar
HAPPY HOUR

MONDAYS - THURSDAYS
11AM - 2PM + 9PM - MIDNIGHT
\$1 OFF DRAFT BEER
\$4 WELL DRINKS

1 **WARRIOR WEDNESDAY**

2 **LUCKY ROUND SCRATCHER**

3 **WEEKEND RICHES GIVEAWAY**

4 **WEEKEND RICHES GIVEAWAY**

5 Happy Easter
RIGHTEOUS REWARDS GIFT

6 **CASH MACHINE**

7 **SENIOR PLAY DAY**

8 **WARRIOR WEDNESDAY**

9 **LUCKY ROUND SCRATCHER**

10 **WEEKEND RICHES GIVEAWAY**

11 **WEEKEND RICHES GIVEAWAY**

12 **RIGHTEOUS REWARDS GIFT**

13 **CASH MACHINE**

14 **SENIOR PLAY DAY**

15 **WARRIOR WEDNESDAY**

16 **LUCKY ROUND SCRATCHER**

17 John Walte & John Cafferty 18PM
WEEKEND RICHES GIVEAWAY

18 **WEEKEND RICHES GIVEAWAY**

19 **RIGHTEOUS REWARDS GIFT**

20 **CASH MACHINE**

21 **SENIOR PLAY DAY**

22 **Earth Day Pollen Pick-up**
8AM-12AM

23 **LUCKY ROUND SCRATCHER**

24 8AM - MIDNIGHT
FSST OYATE DAY

25 **WEEKEND RICHES GIVEAWAY**

26 **RIGHTEOUS REWARDS GIFT**

27 **CASH MACHINE**

28 **SENIOR PLAY DAY**

29 **WARRIOR WEDNESDAY**

30 **LUCKY ROUND SCRATCHER**

EVERY WEEKEND!
FRIDAY & SATURDAY
5PM - 9PM
RECEIVE A TICKET FOR EVERY 10 POINTS EARNED OR 15 MINUTES OF RATED TABLE PLAY FOR YOUR CHANCE TO BE SELECTED VIA HOURLY KIOSK DRAWINGS TO WIN
\$250 FREE PLAY

ONE LUCKY KIOSK DRAWING WINNER WILL RECEIVE
\$2,500 CASH

JOHN WAITE
THE GOLDEN VOICE OF ROCK

JOHN CAFFERTY AND THE BEAVER BROWN BAND

FRIDAY
APRIL 17
8PM
TWO ACTS - ONE NIGHT!

SCAN TO PURCHASE TICKETS

HAPPY Royal Birthday

KIOSK GAME SPINS
Win Free Play with each spin.

- 1ST SPIN Free
- 2ND SPIN Earn 50 Points
- 3RD SPIN Earn 100 Points
- 4TH SPIN Earn 200 Points

DIAMOND & PLATINUM MEMBERS
Receive a FREE Royal River Shirt

Happy Birthday Members!

04/01 Sophia Anderson

04/01 Travis Two Bulls

04/01 Kassandra Wakeman

04/01 David Williams

04/02 David Nordhausen

04/03 Brandon Armstrong

04/04 Patricia Cook

04/04 Nicholas Flute

04/05 Carrie Howell

04/05 Roxee Johnson

04/05 Rudolph Lovejoy

04/06 Dale Hansen

04/07 Inkpa Zi Weston

04/08 Jeffrey Hansen

04/08 Debbie Nicholson

04/09 Mary Hasvold

04/10 Santana Hoss

04/10 Leanne Nesje

04/11 Kenneth Fleury

04/11 Peggy Geffre

04/11 Johnny Ghost Dog

04/11 Lucy Marshall

04/12 Angelique Jones

04/12 Jasmine Jones

04/12 Hazel Simon

04/13 Natalya Laroche

04/15 Cody Thomas

04/16 Anthony Flute

04/17 Sally Larson

04/18 Kawhi Eastman

04/18 April Herrick

04/19 Sunshine Blair

04/19 Paul Corcoran Jr.

04/19 Lloyd Flammond

04/19 Charles Wasson

04/21 Kary Jensen

04/24 Cecelia Blue

04/25 Stephen Nelson

04/25 Lavonna Peterson

04/26 Doreen Bird

04/26 Eli Peterson

04/28 Thomas Allen Jr.

04/28 Leonard Long

04/28 Jason Taylor

04/28 Todd Taylor

04/29 Daizy Lovejoy

04/29 Sacred Red Bear

04/29 Marcus Serrano

04/29 Caroline Simon

04/30 James Ranfranz

April 22nd, 2026

HAPPY EARTH DAY!



Campus Clean-up - Join us as we pick up litter around the Tribal Health Center Campus and surrounding areas!









Garbage bags and gloves will be provided.

Check in at the Community Room of the Tribal Health Center for supplies anytime between 10 a.m. and 4 p.m. Water and popcorn will be available for all volunteers!

Ways helping the Earth can help you

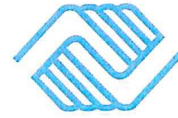
HEALTH BENEFITS

NATURE IS THE BEST NURTURE
MANY STUDIES SHOW SIGNIFICANT HEALTH GAINS FOR THOSE IN CONTACT WITH NATURE

 REDUCED ANXIETY & DEPRESSION	 DECREASED STRESS	 INCREASED ENERGY	 INCREASED IMMUNITY
 50% LOWER RISK OF DIABETES	 INCREASED VITAMIN D PRODUCTION	 INCREASED WEIGHT LOSS & FITNESS	 REDUCED SYMPTOMS OF A.D.D.

★ 50% LOWER RISK OF HEART ATTACK ★ 30% LOWER RISK OF COLON CANCER ★

Picking up litter in everyday journeys can lead to wellness all around!



BOYS & GIRLS CLUB
OF THE NORTHERN PLAINS

Flandreau Early Childhood Enrichment Center

Nurturing young minds.
Inspiring Great Futures.

Opening May 2026
for enrollment information

SCAN HERE ↙



Visit greatfuturesd.org for employment opportunities

Made possible through
the generosity of:



Questions? Contact Jody Hernandez,
jhernandez@greatfuturesd.org | (605) 692-3333 Ext. 100



Dusty Beaulieu,
Dakota Language & Culture Manager

On March 18, 2026, Wakpa Ipaksan Dakota Language and Culture Manager, Dusty Beaulieu, hosted the first workshop offered to Tribal Health Center employees as a quarterly staff in-service. These workshops are designed specifically for Health Center staff to gain a better understanding of the patient and community populations they serve. Employees learned of historical and generational dates and events that affect so many. Songs and stories were shared that nurture a deeper appreciation for the traditions and values of the community. This initiative aims to create a more inclusive and respectful environment, both within the Health Center and throughout the wider community it supports.

Pidamayaye Dusty!

First Presbyterian Church



Follow Us on Facebook
Watch Service Live
Every Sunday

Join Us!

**Worship Service
Every Sunday
10 a.m.**

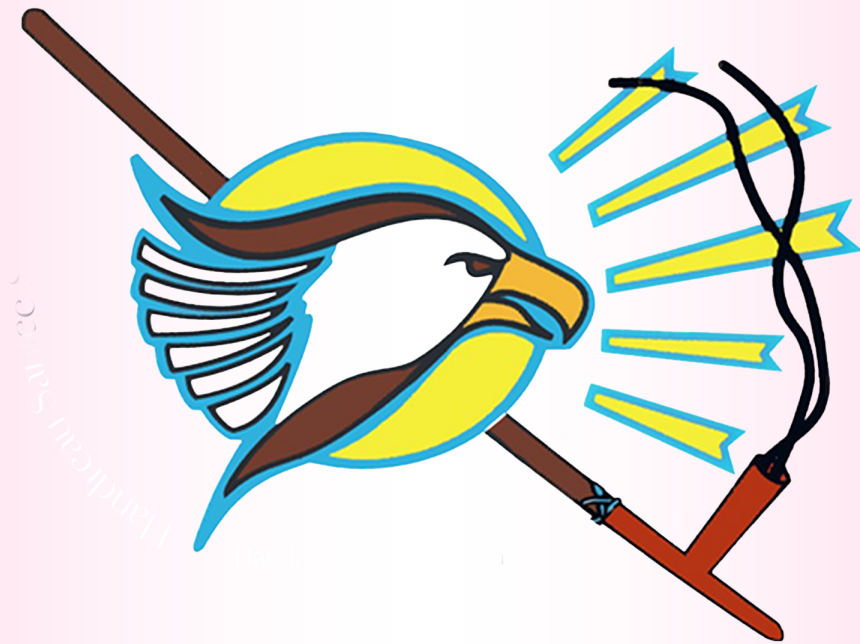
Guild Hall Rental

**\$100 Deposit
\$50 Refundable**

Birthdays, Memorials & Gatherings

**Interested Parties Contact
Yvette Bursheim
(605) 864 1817**





Quarterly Gathering

Thursday, April 30

General Council Meeting

Saturday May 2nd

April 2026 MENU

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Goulash Green Beans Tossed Salad Home-made Bread Peaches</p> <p>6</p>	<p>Sub Sandwich Mac. Salad Chips Fresh Grapes</p> <p>7</p>	<p>Various Soups Ham Salad Sandwich Straight A Salad Cream Puff Dessert</p> <p>1</p>	<p>Baked Ham w/sauce Scalloped Potato's Green Bean Casserole 5 Cup Salad Pineapple Upside Down Cake</p> <p>2</p>	<p>CLOSED Good Friday</p> <p>3</p>
<p>Tomato Soup Grilled Cheese Sandwich Chips Watergate Salad Tropical Fruit</p> <p>13</p>	<p>Hamburgers Potato Salad Baked Beans Apple Pie</p> <p>14</p>	<p>French Dip Sandwich Garlic Mashed Potato's Corn Salad Pears</p> <p>8</p>	<p>Loaded Bake Potato Mix Veggies Tossed Salad Carmel Rolls</p> <p>9</p>	<p>Chicken Noodle Soup Egg Salad Sandwich Festive Tossed Salad Banana Bread</p> <p>10</p>
<p>Tator Tot Hotdish Home-made Bread Spinach Salad Candies Applesauce</p> <p>20</p>	<p>Cobb Salad Focaccia Bread Humming Bird Cake</p> <p>21</p>	<p>Meat Loaf Potato/gravy Buttered corn Broccoli/Cauliflower Salad Cookies</p> <p>15</p>	<p>Fish Sandwich Potato Wedges Veggies Tossed Salad Fresh Melons</p> <p>16</p>	<p>Chili Fry Bread Wojapi</p> <p>17</p>
<p>Bean & Beef Burrito Green Chile Rice Red Bean Toss Choc. pudding</p> <p>27</p>	<p>Wild Rice Casserole Cali Blend Veggies Cucumber Salad Jello</p> <p>28</p>	<p>Beef Stroganoff Over Noodles Buttered Corn Caesar Salad Apple Crisp</p> <p>22</p>	<p>Oven Bake Chicken Potato's/gravy Cali-blend veggies Salad Frosted Lemon Jello</p> <p>23</p>	<p>CLOSED FSST Constitution Day</p> <p>24</p>
<p>Grace Moore Senior Center 997-2924</p>	<p>Salisbury Steak With Onion Gravy Potato's/gravy Harvard Beets Confetti Cottage Cheese Carrot Cake</p> <p>29</p>	<p>Grilled Roast Beef Sand. Waffle Fries Carrot & Celery Stix Banana Bars</p> <p>30</p>	<p>*Menu subject to change without notice.</p>	